

Article

MHIA is Here for You: Request a Mental Health Insurance Speaker or Educational Event

Do you have a group or event that could benefit from clear, unbiased information about mental health insurance benefits in a health plan? Understanding mental health coverage is often the first step in helping people access the care and ongoing support they need.

The Ohio Mental Health Insurance Assistance Office (MHIA), the state's official mental health insurance resources, is here to help. Through its speaker's bureau and educational engagement efforts, MHIA offers free expert-led presentations and training sessions tailored in simplistic terms to the needs of individuals, families, behavioral health specialists and other healthcare providers, employers, advocates, and community organizations to explain mental health insurance benefits and how to access care.

Whether it is an employee event, webinar, community health fair, professional training, and more, MHIA, which is part of the Ohio Department of Insurance, can provide valuable insights about mental health insurance benefits. Visit insurance.ohio.gov/getmhia to request a speaker and/or an event and to access mental health insurance information.

Reach out to MHIA at 855-GET-MHIA (855-438-6442) and getmhia@insurance.ohio.gov with any questions!

This information was provided by the Ohio Department of Insurance's Ohio Mental Health Insurance Assistance Office.